

Volleyball NZ Coaching on!

Develop – Excel for Females



Te Pae Tata / Mission: Unlocking the ihiihi of volleyball for all.

Te Pae Tawhiti / Vision: Whanau thriving through volleyball.

Nga Uara / Our Values:

- *Manaakitanga, - we give, we care, we respect.*
- *Mahi Tahi, - we listen, we connect, we inspire.*
- *He Tangata, - we embrace diversity, we promote equity.*

C.O.D-E F is a mentoring and coach development program designed specifically for female coaches who are currently working at the *Develop* area of the VNZ coaching framework and wish to work through the *Excel* award. It is targeted to those who have aspirations to coach our National teams.

C O D-E F requires coach participants to:

- Currently be coaching Beach or Indoor at the *Develop* level. Secondary school, Club, Provincial, or starting their journey coaching in the *Excel* level coaching National teams.
- Have aspirations to coach our National teams and work through the *Excel* award.
- Identify one team to implement an individual coaching inquiry. NB: This team needs to be in season between October 2023 and July 2024.
- Gather permission from the team to ensure they are willing to have external coaches in their environment.
- Connect monthly and participate in the online development sessions. (90 minutes per session)
- Connect Fortnightly 1 on 1 check ins. Either in person or online with Kim who will be your coach mentor.
- Be observed during part of a tournament and complete the follow up observation reflection.
- Be open and available to complete 4 coach observations on coaching partners within the group and have 4 coach observations completed by coaching partners within the 10 month period.
- Share learning from the programme in a forum that suits you.
- Have a growth mindset.

FAQ:

Qu. Is this program just for young up and coming coaches or can you apply at any age?

- A. No, this program is for any Female coach who has the desire to become a better coach and has a desire to coach our National teams. In 2019 a survey by HPSNZ and Massey University found that 22% of our female coaches are 50+. There is a lot of knowledge here and we want to hear it and share it!

Qu. Do I have to live in Auckland?

- A. No, you can be living anywhere in New Zealand.

Qu. Will this cost me anything?

- A. Financially no. But please check the coach requirements above to best make the decision of whether this is something you are willing to commit to.

Qu. Even though I coach Beach, can I do my coach observations on an indoor coach?

- A. Of course. We can learn from all coaches no matter what age, gender, or sport. Once we have the group together, we will match up best fit observation partners. NB: You will have two different observation partners over the 10-month period.

Qu. I am keen to do this, but I coach with someone else. Do I have to coach a team solely by myself?

- A. No part of the dynamics and art of coaching is coaching with others. This would be a great environment to test some new tools and strategies.

[Expression of interest](#) due no later than Friday 15th September 2023.