



# 13 Minute Protocol

Duty only requires 1 person

## Duty Team

## Playing Teams

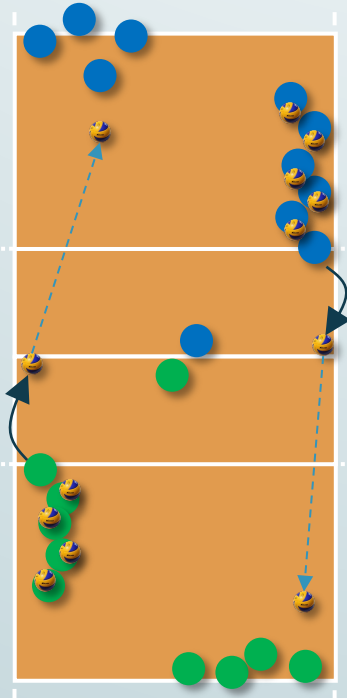
- Blow Whistle, Start timer
- Get scoresheet and get both coaches' signatures
- Captains to score bench to perform coin toss
- Blow whistle starting net time



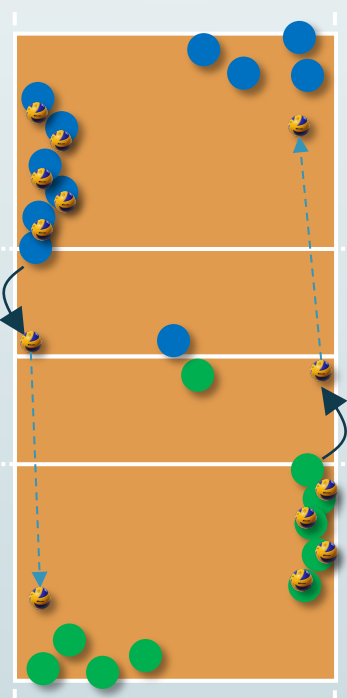
- Straight on court doing 'pepper'
- Captains to score bench
- Teams change sides if required
- Coaches submit lineups

### Hit Down Line Only!

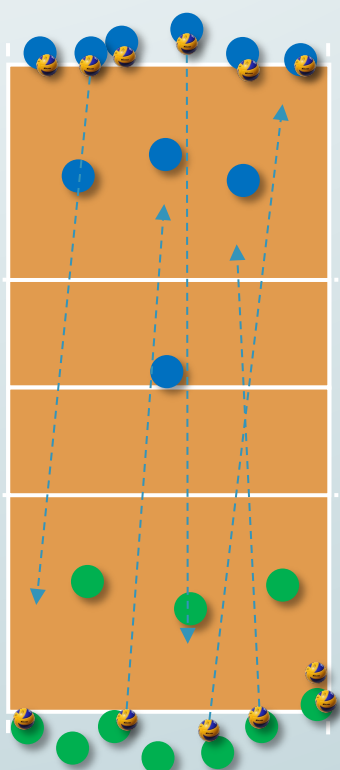
3 Mins hitting through 4



3 Mins hitting through 2



2 Min Serving



Do not chase your own balls

Blow whistle at 13 mins

Referees, Scorers, Line Judges, Adult Supervisor into duty position

Teams collect their volleyballs, starting VI on court

## Match Begins!